

# Your Atrial Fibrillation (AFib) Checklist

Use this checklist to keep track of your personal medical information. Keep it in a safe place that is easy to access. This checklist can be useful when talking to or changing doctors, or working with an insurance company.

Does your family have a history of AFib?  YES  NO

Date of your most recent doctor visit? \_\_\_\_\_

Doctor's name: \_\_\_\_\_

Date of your most recent hospitalization? \_\_\_\_\_

Reason for visit: \_\_\_\_\_

When was your most recent AFib episode? \_\_\_\_\_

Do you have a prescription for MULTAQ® (dronedarone)?  YES  NO

**If YES:** When were you first prescribed MULTAQ? \_\_\_\_\_

Are you using a MULTAQ Savings Card?  YES  NO

**If YES:** What is the number? \_\_\_\_\_

Do you take MULTAQ with meals?  YES  NO

- If YES:** Do you take MULTAQ:  Always with breakfast and dinner  
 Sometimes with breakfast and dinner  
 Whenever I remember to take it

## List all your doctors

NAME	SPECIALTY	CONTACT	DATE OF LAST VISIT (MONTH/YEAR)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

## List all medications you take

MEDICATIONS	DOSE	HOW OFTEN
_____	_____	_____
_____	_____	_____
_____	_____	_____

### Indication

MULTAQ is a prescription medicine used to lower the chance you would need to go into the hospital for an irregular heart rhythm called atrial fibrillation (AFib). It is meant for people who have had AFib in the past but are now in normal heart rhythm.

### Important Safety Information

**What is the most important safety information I should know about MULTAQ?**

**Do not take MULTAQ if you have symptoms of heart failure that recently worsened and you were hospitalized, or if you have severe heart failure. MULTAQ doubles your risk of dying if you have these conditions.**

**Do not take MULTAQ if you have a type of atrial fibrillation (AFib) called permanent AFib.** You should not take MULTAQ if you are in AFib and your doctor is not planning to change you back into normal rhythm. People with permanent AFib who take MULTAQ have a higher risk of death, stroke, and needing to be treated in a hospital for heart failure.

For full Prescribing Information, including boxed WARNING, please click [here](#) or visit [MULTAQ.com](#).

## Enter your insurance information

Insurance company name: \_\_\_\_\_

Your policy ID number: \_\_\_\_\_

Name and phone number of contact person at insurance company: \_\_\_\_\_

## Enter your pharmacy contact information

Name of pharmacy: \_\_\_\_\_

Address: \_\_\_\_\_

Name of pharmacist: \_\_\_\_\_

Phone number of pharmacy: \_\_\_\_\_

**In order to see how your treatment is working for you, it's important to track when and how often you have AFib episodes. Using the table below, keep track of your episodes, how long they last, and the symptoms you experience.**

### AFib symptoms may include:

- General fatigue
- Rapid and irregular heartbeat
- Fluttering or "thumping" in the chest
- Dizziness
- Shortness of breath and anxiety
- Weakness
- Lightheadedness or confusion
- Fatigue when exercising
- Sweating
- Chest pain or pressure

**DATE OF AFIB EPISODE**

**HOW LONG DID IT LAST?**

**SYMPTOMS YOU EXPERIENCED**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

### USE THIS CHECKLIST

**to get the conversation started with your doctor, and simplify the process of getting treatment**

To learn more, call the Sanofi Patient Connection™ at 1.888.VISITSPC (1.888.847.4877).

(Available Monday to Friday, 9:00 AM to 8:00 PM EST.)

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MULTAQ may cause liver problems, including life-threatening liver failure. Call your doctor right away if you are taking MULTAQ and develop any of these signs and symptoms of liver problems: loss of appetite; nausea; vomiting; fever; feeling unwell; unusual tiredness; itching; yellowing of the skin or the whites of the eyes; unusual darkening of the urine; right upper stomach area pain or discomfort.

### When should I call the doctor?

Call your doctor right away if you're taking MULTAQ and have any signs and symptoms of heart failure. These may include shortness of breath or wheezing at rest; wheezing, chest tightness, or coughing up frothy sputum at rest, nighttime, or after minor exercise; trouble sleeping or waking up at night or using more pillows to prop yourself at night because of breathing problems; weight gain; or foot or leg swelling.

Call your doctor right away if you notice that your heartbeat or pulse is irregular. This is a sign that you are in AFib.

Call your doctor if you develop shortness of breath or a dry cough during treatment with MULTAQ.

Call your doctor if you experience an allergic reaction, such as itchy rash, low blood pressure, or rapid swelling of the throat or skin, especially around the lips or eyes.

### Who else shouldn't take MULTAQ?

You should not take MULTAQ if you are allergic to dronedarone or any of the other ingredients in MULTAQ.

You should not take MULTAQ if you have severe liver problems or if you had liver or lung problems after using amiodarone.

You should not take MULTAQ if you have a certain type of heart problem called heart block, and you do not have an implanted pacemaker.

You should not take MULTAQ if you are breastfeeding, pregnant, or plan to become pregnant as it is not known if it may pass to or harm your baby. Women who may become pregnant should use effective birth control while taking MULTAQ. Talk to your doctor about the best birth control methods for you.

### Are there any medications I should avoid while taking MULTAQ?

MULTAQ can interact with certain medications. Do not use the following medications with MULTAQ:

- Nefazodone
- Ritonavir
- Ketoconazole
- Itraconazole
- Voriconazole
- Telithromycin
- Clarithromycin
- Cyclosporine

### Are there other medicines that would be harmful when taken with MULTAQ?

The following medicines can lead to a dangerous abnormal heart rhythm if taken with MULTAQ:

- Phenothiazines
- Certain antibiotics
- Tricyclic antidepressants
- Certain medicines used to treat an abnormal heart rhythm or fast heartbeat

### What are possible serious side effects from taking MULTAQ?

MULTAQ may cause serious side effects including slowed heartbeat, inflammation of the lungs (including scarring and thickening), low potassium and magnesium levels in your blood, and changes in kidney function blood tests.

### What are the most common side effects?

The most common side effects when taking MULTAQ include stomach problems such as diarrhea, nausea, vomiting, stomach area pain, and indigestion; feeling tired and weak; skin problems such as redness, rash, and itching. Tell your doctor about any side effect that bothers you or that does not go away.

### Are there other things I should avoid while taking MULTAQ?

Do not drink grapefruit juice while taking MULTAQ, as this can increase the likelihood that you will have a side effect of MULTAQ.

### What else should I tell my doctor?

Tell your doctor about all medications, vitamins, and herbal remedies (including St. John's wort) you take to help avoid serious drug interactions.

### Is it OK to take a diuretic ("water pill") while on MULTAQ?

Your potassium levels should be within the normal range prior to and while taking MULTAQ. Tell your doctor about any diuretic medications ("water pills") you are taking as some can lower the level of potassium or magnesium in your blood.

### Will I need any tests while I'm on MULTAQ?

Your doctor will monitor your heart rhythm regularly to make sure your heartbeat keeps a normal rhythm. Your doctor may perform certain tests, such as heart exams and blood tests, while you're taking MULTAQ.

**Remember, your doctor is the single best source of information regarding your health. Please consult your doctor if you have any questions about your health or your medicine.**